

What studies may I be able to participate in?

There are always different studies that we recruit to at any one time. We aim to match patients with the projects that most suit their needs.

Some current studies include:

Pain studies:

Breakthrough pain study

examines the best dose of opioid needed to treat breakthrough pain *and* **Tetrodotoxin study** examines the role of this medication to manage cancer pain.

Breathlessness studies :

Morphine/Oxycodone study

to compare the effect of these two medications to relieve the symptoms of breathlessness; **Sertraline study** examines the effect of giving sertraline to relieve the symptom of breathlessness; **Mesothelioma and Interstitial Lung Disease studies.**

Nausea studies to examine treatment for uncontrolled nausea.

Bowel obstruction study examines best management methods for bowel obstruction.

Acute confusion study compares two widely used medications in the management of this symptom.

Would you like more information?

This pamphlet has been designed for the patients and families of the Southern Adelaide Palliative Services, or SAPS. It aims to answer some of the frequently asked questions about research participation.

If you have any further queries, please do not hesitate to contact the research team on
(08) 8275 1057

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Government
of South Australia

SA Health



*Southern Adelaide
Palliative Services
(SAPS)*

*Information
about
Research*



Frequently Asked Questions

Southern Adelaide Palliative Services (SAPS) has an active research program aimed at developing better ways to deliver our quality care. If you agree to be contacted, you may be approached to be involved in one of our projects. You may also contact us direct if you are keen to participate.

What is research?

Research is an organised way of finding answers to questions. It follows certain procedures in order to get the most accurate results. It allows us to build evidence to target treatments to the people who will most benefit and improve the care that we provide.

-Why do research?

- To find better ways of providing care options and services to patients, caregivers and providers
- To obtain information about the best possible treatments that are based on the most up-to-date evidence available

How is research done?

All research has to be approved by the Research Ethics Committee of the hospital before a research team can approach people. In addition, there are very strict guidelines about research in palliative care. At all times, the interests and well-being of patients and families are put first.

Can I say no?

Yes. It is entirely up to you whether or not you would like to participate in research.

Will it affect the care that I receive from SAPS?

No. SAPS provides the highest level of care available for each of their patients. Whether or not you choose to participate in research will not affect this in any way.

Can I change my mind?

If you consent to participate in research, you can withdraw your consent at any time, without having to explain why. This will not affect your care in any way.

Will my privacy be protected?

Yes. All personal information is treated in the strictest confidence. No identifying information about you will be used when reporting research findings.

Are there any benefits from participating in research?

Each study is different and we cannot guarantee that there will be any benefit to you from research participation. Aside from any personal medical benefit, many people enjoy being able to contribute to medical and nursing knowledge that may help other people in the future. When you are involved in a study you are closely monitored by study nurses who liaise with your clinical team if you have any problems.